

SINGING DRAGON

Nora Franglen's Books

Nora Franglen founded the School of Five Element Acupuncture (SOFEA) in London. She teaches through her practice, through postgraduate work and through her successful blog, norafranglen.blogspot.com.

NEW

A Five Element Legacy

2018 • 9781848194007 • £12.99

Nora Franglen reflects on a lifetime of practising five element acupuncture, offering advice and insights into developing patient-practitioner relationships, tailoring treatments to individual patient's needs and the importance of taking your time and trusting your feelings. Invaluable guidance gleaned from a successful career.

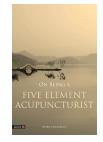


BLOGGING A FIVE ELEMENT LIFE

Blogging a Five Element Life

2017 • 9781848193710 • £12.99

Based on her widely read blog, this collection includes Nora Franglen's reflections on her own continually developing five element practice, and the lived world between 2014 and March 2017, a time of enormous change.



On Being a Five Element Acupuncturist 2015 • 9781848192362 • £12.99

Based on her well-read blog, Nora Franglen provides a rich insight into the inner thoughts and feelings of a master acupuncturist. Covering everything from her love of coffee shops to how to

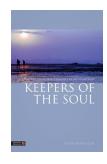
treat patients effectively, it reveals the holistic and rich nature of acupuncture.



The Handbook of Five Element Practice

2013 • 9781848191884 • £27.99

A companion for practitioners of five element acupuncture that strengthens the foundation for practice. With detailed outlines of the different components of five element diagnosis and treatment, this complete manual will support and invigorate practice.



Keepers of the Soul: The Five Guardian Elements of Acupuncture

2013 • 9781848191853 • £15.99

With profiles of well-known figures, the book explains the spirit of each of the five elements of Chinese medicine, and what they look like in different people. The philosophy behind five element acupuncture is explained, including what it means to live in harmony and how the five elements help shape our body and soul.



The Simple Guide to Five Element Acupuncture

2013 • 9781848191860 • £5.99

This accessible guide explains the history and philosophy of five element acupuncture, and shows how it addresses specific health needs and general well-being.



Patterns of Practice: Mastering the Art of Five Element Acupuncture

2013 • 9781848191877 • £13.99

Considering acupuncture in its wider context, this book contains Nora Franglen's reflections on her practice and explores how the search for acupuncture points can lead the practitioner deep into challenging areas of existence.

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